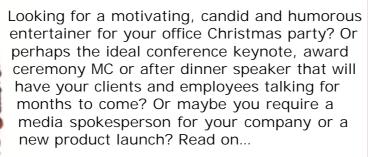
Rachael Qakes-Ash

Keynote Speaker and MC



Award winning author, presenter and broadcaster, Rachael Oakes-Ash ate her first solids at ten months, said her first word a month later and has been talking between mouthfuls ever since. Just this once, however, she'll let her testimonials speak for her.

An experienced comic, television presenter, radio announcer and corporate speaker, Rachael is the author of two non fiction books - Good Girls Do Swallow: an expose on bad body image and disordered eating (Random House) and Anything She Can Do I Can Do Better: the truth about female competition (Random House) and is currently working on her third non fiction work Speechless and her first novel. She is regularly published as a columnist in The Sydney Morning Herald and is the Relationships Expert for national magazine New Idea.

Ninety percent of Rachael's presenting work comes from referrals. Whether as a comedienne, hosting a breakfast awards function in the CBD or as a keynote speaker talking to 400 women outside of Bourke about female competition, Rachael will leave your delegates wanting more and will impress you and your client with her professionalism.

Book Rachael For Your Next Event

For more information on Rachael's career history and a full biography visit www.oakesash.com

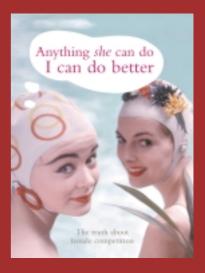
Office 02 9953 5919

Mobile 0410 564 919

Fax 02 9904 9434

Email <u>rachael@oakesash.com</u> Website www.oakesash.com





Host

"You followed some impressive previous talent but you got the vote for best compere yet. I really admired your professionalism and the extra mileage you gave." Pacific Publications — That's Life

Keynote Speaker

"You are definitely one of the best speakers I have experienced. It was thought provoking, intelligent, honest and at times hilarious." Synergy Plus Training

MC

"you were fabulous ...
everyone has been raving
about how you made the
awards morning" Lisa
Handley - The Public
Relations Institute of
Australia

Speaking Topics

Rachael has entertained men and women around Australia with her insightful, honest and thought provoking opinions on gender difference in the workplace, female competition, relationships between the sexes both romantic and otherwise and body image in the modern world. Her Dream It, Do It! presentation motivated 250 office professionals in Brisbane, her Anything She Can Do I Can Do Better presentation was met by 120 laughing Freehills lawyers, her Cellulite is Not the Sign of the Devil speech had YWCA women nodding in agreement and her Relationship Management talk inspired ING Direct customer relationship teams.

You won't find a quicker witted Awards Host or Event MC than Rachael Oakes-Ash who loves to laugh at herself and encourages the audience to do the same. Her fifteen years in live radio, television and theatre means there is no audience or situation she can't handle with grace, professionalism and humour.

Testimonials

- "The evening would not have been the resounding success it was without your help and humour" *Asthma Foundation*
- "Your presentation "Dream it, Do It" was of great value to our program and the majority of participants ranked it as one of their favourites. Comments from our participants ranged from "obviously loves presenting and is excellent at it" to "wow, fantastic!" Kerry Williams Institute of Office Professionals Conference
- "You'll find yourself nodding in agreement when she discusses behaviours you hadn't realised were so obvious while wiping the odd tear from your eye...tears of laughter that it." Kimberley Palmer Networx
- "Rachael's frank and upfront style is just so refreshing and unique." Lynette Palmen Women's Network Australia
- "Just a quick note to say bravo for last night the buzz from the crowd was really positive! You managed to engage the audience while still honing in on some very serious issues." **Heidi Knights**, **OMD Prestige**
- "You really know how to "Wow" your audience with your intelligent and highly humourous delivery. We have received rave reviews since you presented." **YWCA**
- "There is nothing more powerful or inspiring than a gorgeous woman with a switched on head and a goddess's heart who is able to tell a story, be really real and present with her listeners, and make them laugh with her, and at themselves." Inspired Excellence
- "You took control of the formalities with ease" **Femail.com**
- "Congratulations on being such a polished, relaxed and entertaining speaker and for keeping us all enthralled. We consider your event to be one of our most successful to date." The Border Mail



Clients

Accor Resorts | Asthma Foundation of Australia Australian Institute of Office Professionals | Brazen Networx Marketing Events | Business Managers North West Region VIC Ed Dept Conference | **Business Professional Women** State Conference | Bourke Women's Gathering | Catalyst Networks | Creative Knowhow small business breakfast | Dove Deodorant | Eastern Suburbs Business Women's Breakfast | **Eating Disorder Support** Network of NSW | Eating Disorders Association of Victoria | Ernst & Young Business Women's Breakfast | Goddess Series | Femail.com | Fit and Healthy Breakfast | Freehills | Genes for Jeans | Girlfriend Magazine | Gold FM Business Women's Breakfast | ING Direct | Jeez Louise Women's Comedy Weekend | Magnum Ice Creams | Meetings Industry Association of NSW | Melbourne University | Motherinc | Nine MSN | Pacific Publications | Public Relations Institute of Australia | Red Cross ArtHouse Auction | Smith Family Winter Sleepout | Synergy Plus Training | That's Life | The ParkRoyal | Unilever | Women's Network Australia | Yahoo | YGals | YWCA